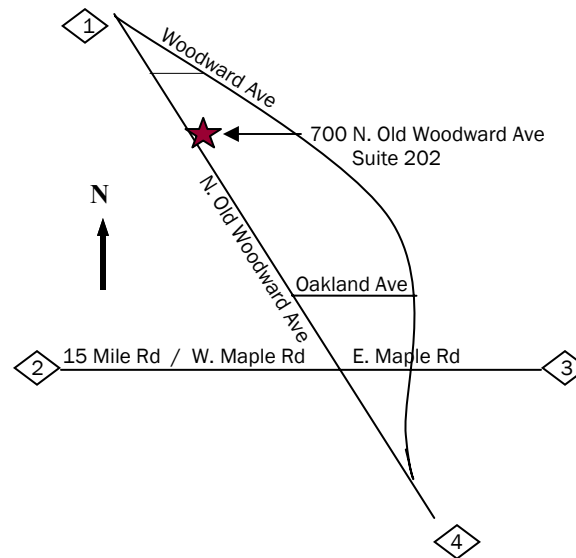


Most Patients Experience Significant Improvement

“My dizziness is almost completely gone after wearing my new glasses for just a short period of time.”

“My eyes feel so much better since I started wearing the new glasses. I’m not experiencing headaches any longer.”

“It’s still a surprise to me that all of this improvement could come from wearing these new glasses. I can drive a car without feeling light-headed or anxious. Also, I don’t feel overwhelmed in large spaces anymore.”



- ① Going south on Woodward, stay in the right lane. Take the split to the right onto N. Old Woodward.
- ② Going east, turn left onto N. Old Woodward. Go through Downtown and go down and up the hill .
- ③ Going west, pass Woodward to Old Woodward and turn right. Go through Downtown and go down and up the hill .
- ④ Going north, stay on Woodward until you pass Maple. Take the 2nd left turn through the median onto Oakland Ave. Go to Old Woodward and turn right. Go down and up the hill .

Debby Feinberg, O.D.
Paul C. Feinberg, O.D.

Specializing in the Diagnosis and Treatment of Vertical Heterophoria

Vision Specialists
of Birmingham

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Vision Specialists
of Birmingham

Could Your Dizziness and Headaches be caused by your Eyes?

Common Patient Symptoms

“I’ve had headaches for years. They’ve been called migraines. I’ve tried all types of pain medications, but I still get them.”

“Lately, I’ve been getting more and more bouts of lightheadedness. It seems worse when I bend down to pick something up and get up too quickly.”

“When I turn my head from side to side, I feel very lightheaded, as if my eyes are taking a moment to catch up with my head movement.”

“I often feel quite uncomfortable while driving or riding in a car.”

“I’ve seen multiple doctors, had a CAT scan and an MRI, and all of the doctors say that I am fine. However, I am still getting dizzy and often have severe headaches.”

“When I am in a large department store or open space, I feel rather uncomfortable and anxious.”

Patients who describe some or all of these symptoms often have a condition called ***Vertical Heterophoria***, where one eye sees the image higher than the other eye. The brain responds to the uneven images by forcing the eyes into aligning the images, causing stress and strain on the visual system. This results in headaches and a feeling of being disoriented, lightheaded or dizzy. This condition is often not detected during a standard optometric eye examination. *Doctors who specialize in the detection of this condition will be able to diagnose and treat it.*

Other symptoms may include:

- Blurred vision with near activities.
- Words running together while reading.
- Skipping lines or losing your place while reading.
- Closing or covering one eye while reading.
- Double or overlapping vision.
- Unsteadiness while walking.
- Poor depth perception.
- Difficulties being fit with glasses.
- Tightness or pain in the back of the neck or shoulders.

About Dr. Debby.....

Your doctor has referred you to Dr. Debby Feinberg. Dr. Feinberg has been practicing Optometry for over 20 years and ***for the last 10 years has specialized in the diagnosis and treatment of Vertical Heterophoria***, which your doctor believes may be causing some, if not all of your symptoms of dizziness and headaches. During a complete eye examination, it will be determined if special vision correction will provide you with relief from your symptoms.
